



**4 Armed Health**  
Forewarned is forearmed



**1Stop4aGP**  
Access to a GP made easy

**Keeping you and your family  
healthy with 24/7 access  
to a GP**







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Patients are finding it increasingly difficult to see their local GP. Following the pandemic and continued pressures within the NHS.

It can take many weeks to be seen. An average UK wait time for an appointment is now 13 days and, in some areas, up to 17.

The stress of being stuck at home, unwell but unable to secure a GP appointment, can make the whole recovery process more difficult.

**We are here to help you resolve these issues.**



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24/7 GP Appointment  
Service accessed by  
phone or video call

No time limit during  
appointments and no  
limit to the number of  
consultations

All immediate  
family covered at  
no extra cost (inc.  
dependant children  
up to age of 18)

Electronic Private  
Prescriptions  
delivered to  
home, workplace  
or nearest  
pharmacy



## Core Service Benefits

All our doctors are  
GMC registered and  
currently practising  
GPs





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## Our Service

Our GP consultation service gives you and your family access to:

### **Telephone helpline:**

Round-the-clock support from a GP, with no limit on consultation time or the number of times you can call.

### **Video consultations:**

Face-to-face appointments with a doctor can offer more in-depth advice. Booked initially via telephone, video consultations are available 7 days a week between 08:00am and 10:00pm.

### **Electronic private prescriptions:**

Our doctors can issue private prescriptions that can be delivered via our online pharmacy partner, Pharmacy2u, directly to their home or workplace.





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## So, how does it work?

Simply call our 24/7 helpline, where you'll speak to an experienced member of the customer service team who will book either a telephone or video consultation with a GP at a convenient time to you.

One of our doctors will call you or your family member back at the appointed time and your consultation will begin.

With no time limit on consultations, you can speak to a clinician for as long as necessary about any concerns or symptoms you may have.



# Continuous record of your health

We believe it's beneficial to have your health monitored and overseen by a team that is familiar with you and your medical history.

So, you will be given the option to have your GP consultation notes stored after your call in your secure patient client file at 4-Armed Health to provide a continuous record of your health and well-being.

Of course, we are also able to feedback your appointment details to your regular practitioner if you so choose.

## **How this works:**

At the end of your appointment request a referral to be sent to 4 Armed Health. Then forward the report to [results@4armedhealth.com](mailto:results@4armedhealth.com). This will be stored in your secure patient file.

To share information with your regular NHS GP, request this at the end of your appointment and a recording will be sent.





# Benefits for you or your employees

- Quality:** All of our doctors are GMC registered, licenced and fit to practice
- Support for the whole family:** Partners and children can benefit from the service too
- Convenience:** Speak to a GP at any time of the day and night, wherever you are
- Choice:** You have the option to speak over the phone or use the video consultation service
- Peace of Mind:** Issues of all types can be discussed in confidence with a doctor
- Continuity:** At your request, your GP consultation notes can be stored in your 4 Armed Health patient file to provide a continuous record of your health and wellbeing





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## 1Stop4aGP: Our Service Partner GP Testimonials

So how could our GP Service could work for your business? Please see below for a selection of client testimonials from those currently working with our service providers, BHSF and HealthHero:



“The GPs are highly experienced and always provide an efficient but empathetic service to customers”

Provider Relationship Manager, Benenden



“The GP Service has sparked fantastic reviews across our business in less than 2 weeks. The flexibility of access and availability of clinicians on top of a fantastic customer service has so far been very well received”

Occupational Health and Wellbeing  
Operations Manager, Anglian Water



“The GP Service is consistently ranked by our Members as one of the most valued benefits of their Membership”

Senior Product Manager, Saga



“Using the GP Service has been revelatory; no longer do you have to wait days or weeks for a simple GP consultation. It is quick, convenient, and with great customer service; what more could I ask for?”

Health Wellbeing Manager, Co-op



“We had high expectations, but happily the actual propositions exceeded those. If you use yourself as a yardstick “what would you want for yourself?” – then it absolutely fitted the bill.”

Director of Underwriting and Claims Strategy, Guardian FS





## How do I sign up?

We offer a simple 1-Step sign up via our online payment portal.

Once we have received your online payment, we will send you an email confirming the start of service including:

- Individual welcome pack
- Instructions on how to access the service
- Membership Code
- Receipt of Purchase

Cover commences on the 1st day of the following month of your sign-up to the service.

The service is contracted for a minimum period of 3 months and then continues for successive monthly periods unless cancellation notice is given a month before the expiry of the current contracted period





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